

## ABSTRACT OF THE DISCLOSURE

An absorbent swimwear garment having a built-in draining mechanism for releasing excess swim water. The draining mechanism can include a liquid-permeable outer cover in a crotch area of the garment and/or liquid-permeable containment flaps. In addition, an absorbent assembly can be configured to direct incoming fluid away from the most liquid-permeable areas of the outer cover and containment flaps. During initial product use, the absorbent swimwear garment is able to contain urine and bowel movements, similar to ordinary diapers and training pants. When the swimwear garment is submersed in swim water, such as pool or lake water, the hydrostatic head of any excess water in the garment is sufficient to drain through the liquid-permeable outer cover and/or containment flaps, thereby allowing swim water, but not bowel movements, to drain out the bottom of the garment.

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